



Short Breaks Service



For Children with Disabilities

Newsletter w/c 2nd October 2023

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the [Halton Local Offer page online](#) or contact the [Short Breaks Service for Children with Disabilities](#) team too.

Don't forget to share your lived experience of SEND in Halton

Halton Local Offer



Halton SEND and Inclusion Service are running 3 surveys during September and October relating to SEND Support Services across the Local Authority. The surveys will help the team to better understand the lived experience of SEND in Halton, allowing them to shape and improve future services.

They want to hear as many voices as possible, and the closing date is **Friday 20th October 2023**.

Who are the surveys for?

- Parents and Carers of any child with SEND in Halton;
- Children and young people with SEND in Halton;
- Colleagues in Schools and Educational Settings in Halton.

What are the benefits for completing the surveys?

In December 2023, the service will be submitting an application for a grant to improve the SEND system in Halton. By participating in this survey you will help to provide the SEND and Inclusion Service with a clear picture of your thoughts about the effectiveness of the SEND support children and young people receive in Halton.

Your information will tell them what is currently working and what areas may need improvement. The more feedback they receive – good or bad – the greater our prospects of improving services in the future.

This is your opportunity to help shape future SEND provision in Halton and the SEND and Inclusion Service would be very grateful for your assistance in completing the surveys. Thank you for your support!

Survey links:

- [Parent and Carers survey](#)
- [Children and Young People survey](#)
- [Schools and Educational settings survey](#)

Fireworks and Fun at The Ice Cream Farm



QUIET DISPLAY

FIREWORKS AND FUN

FAMILY FRIENDLY, LOW NOISE FIREWORK DISPLAY
SPECTACULAR DISPLAY
WITHOUT THE LOUD BANGS!

SATURDAY 4th NOVEMBER
ENTRY FROM 2PM - FIREWORK DISPLAY 6PM

£10 PER CHILD	£5 PER ADULT
INCLUDES:	INCLUDES:
ENTRY TO THE ICE CREAM FARM	ENTRY TO THE ICE CREAM FARM
TWO PLAYS TO USE ON ANY ATTRACTION	FIREWORK DISPLAY ENTRY
FIREWORK DISPLAY ENTRY	

BOOK NOW: THEICECREAMFARM.CO.UK

PLEASE NOTE: THE ICE CREAM FARM CLOSSES AT 5PM TO THE GENERAL PUBLIC. ONLY FIREWORK DISPLAY TICKET HOLDERS WILL BE ABLE TO STAY AND PLAY AFTER THIS TIME.

The Ice Cream Farm are hosting a low-noise, family-friendly firework spectacle on Sat 4th November. Their package includes entry anytime from 2pm, two plays for use on any attraction and entry into the Firework finale at 6pm, where their dazzling display is all about the lights, not the noise.

[Click here](#) for more information and to book your places.

SEND R US Mums group, Youth club, and Money Matters sessions



Mums R Us
Monthly Group



for our Mums/Carers of children with SEND

Come and have a cuppa, see familiar faces and meet new people

It's a time for our Mums & Carers to chill out for a while

Saturday 14th October
10.00am-12pm at Evenwood, Runcorn WA7 1LZ

Message or email for more details and to book your place



SEND R US CIC



sendrus@mail.com



SEND R US are holding their next **Mums group on Saturday 14th October 10am-12pm** at the Evenwood Runcorn. Come along, have a cuppa, see familiar faces and meet new people!

They also have the next **Youth Club session on Friday 13th October 6pm-8pm** at Brookvale Recreation Centre, with activities, music and refreshments for young people aged 11+.

And the next session of Money Matters in collaboration with Citizens Advice Halton is on Wednesday 11th October 11am-1pm at the Community Shop, Runcorn

Message the team [on Facebook here](#) or email sendrus@mail.com to book you places for either session.

Badminton 


SEND R US CIC



YOUTH CLUB

For families in Halton with SEND

Friday 13th October
Brookvale Recreation Centre
Barnfield Avenue
Runcorn, WA7 6EP

Music 

6pm-8pm

For ages 11+ years

Soft Tennis 

Refreshments



Message us to book your place



SEND R US CIC



sendrus@mail.com



All children must be accompanied by a parent or carer



Money Matters

Money, debt and general
advice session in collaboration
with Citizens Advice Halton

Come along to our drop in session anytime from
11am to 1pm for any information or advice.

Free refreshments & a table with arts
and crafts if you bring children along

Wednesday 11th October
11am-1pm

Community Shop Runcorn
Priory House, Northway
Palacefields, WA7 2FS



Launch of the first Family Hub in Runcorn

The first Family Hub in Runcorn launches on **Wednesday 25th October** at Brookvale Family Hub, Woodhatch Road, Runcorn.

Come along between 9.30am and 2pm to celebrate and find out what family hubs mean for families in Runcorn. There'll be free activities, lunch and refreshments, arts, crafts and music, storytime, a petting farm and much more! No need to book, just come along – [find out more on the website here](#).



www.haltonfamilyhubs.co.uk

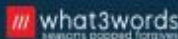
RUNCORN FAMILY HUBS LAUNCH EVENT



WEDNESDAY 25 OCTOBER

TIMES: 9.30am – 2.00pm (first hour will be quiet time for families)
11am (formal celebration ceremony)

WHERE: Brookvale Family Hub, Woodhatch Road,
Brookvale, Runcorn WA7 6BJ



Join us to celebrate and find out what Family Hubs mean for families in Runcorn.



- Fun day with free activities for children
- Free lunch
- Face painter
- Arts, crafts and music
- Storytime, reading corner with puppets
- Petting farm
- Swap shop
- Treasure hunt
- Giveaways and much more



Family Hubs are here in your community with everything families might need, from starting a family to helping young people find a career. No need to book just come along!



Funded by
UK Government

SpeakEasy session for parents and carers

SpeakEasy

A weekly social activity for parents/carers of children or adults with additional needs

Mondays

Palace Fields Community Centre, The Uplands, Runcorn WA7 2UA
From 10.30am until 12pm

Wednesdays

Halton Brook Community Centre, Meadway, Runcorn WA7 2DX
From 1pm until 2.30pm

Connect with others in a similar situation

Have a rant, vent, share your experiences

Swap tips and advice over a cuppa

Check you're getting all the help you need

Call Erica on 07483 113 826 if you would like more info

Cadent



Riverside

Another community initiative brought to you by Four Estates - Charity No 1090795

SpeakEasy is a weekly social activity for parents and carers of children, young people and adults with additional needs. There are sessions **every Monday 10.30am-12pm at Palacefields Community Centre** and **every Wednesday from 1pm-2.30pm at Halton Brook Community Centre**.

Please call Erica on 07483 113826 for more information or [check out the Four Estates Facebook page here](#).

October half-term activities with Everton in the Community

Date	Timings	Activity	Pick up	Pick up	Drop off	Drop off	Places available	Cost
			Brindley Theatre	Halton Stadium	Halton Stadium	Brindley Theatre		
Monday 30 th October	11am-12.15pm	Superbowl UK Widnes	No <u>pick up</u>	No <u>pick up</u>	No drop off	No drop off	18	£2
			Brindley Theatre	Halton Stadium	Halton Stadium	Brindley Theatre		
Tuesday 31 st October	10am-11.15am	Awesome Walls Climbing Centre, L5 9TN	9am	9.10am	11.45am	11.55am	10	£2
			Brindley Theatre	Halton Stadium	Halton Stadium	Brindley Theatre		
Wednesday 1 st November	10.30am-2.30pm	Gulliver's World, Warrington	9.30am	9.45am	2.50pm	3pm	12	£3

Everton in the Community have announced their October half-term activities for children and young people aged 7-17 which include trips to Gulliver's World and Awesome Walls climbing centre plus activities at Superbowl in Widnes.

To book your place please call the team on **07975784613** or email- mark.dolan@evertonfc.com – they will need to take some details of the young person and parent / guardian for consent. Places are limited and are on a first come, first served basis.

Please note that lunch is not provided for any of the activities, and young people coming on the Barsntondale trip will need to bring their own lunch, plus it's recommended to bring a change of clothes in case there are any activities that mean getting wet or muddy!

If for any reason you cannot make one of the activities you have booked on to please inform the team at Everton in the Community with enough notice where possible in order for them to arrange for someone else to attend and save the place going to waste.

Post diagnosis courses for people aged 16+ with The Autism Wellbeing Project

We also deliver a similar course for parents/ carers who would like to develop their understanding



POST DIAGNOSIS COURSES

We are a holistic support service for autistic adults combining therapies, training and support. We are based in Halton and can support anyone, diagnosed or not, aged 16+

We are led and informed by our Autistic Perspective Panel of autistic adults. We believe in facilitating their wishes and ideas to help support autistic adults in the way they want


We know that receiving a diagnosis is only the beginning. We are here to support you with your next steps of understanding and accepting.

"Since my adult diagnosis I have learnt so much more about myself and why I do what I do. The group are encouraged to also share and help which is great too"
(APP member)

CONTACT US

hello@theautismwellbeingproject.co.uk
www.theautismwellbeingproject.co.uk



Find us on 

THE 6 WEEK COURSE

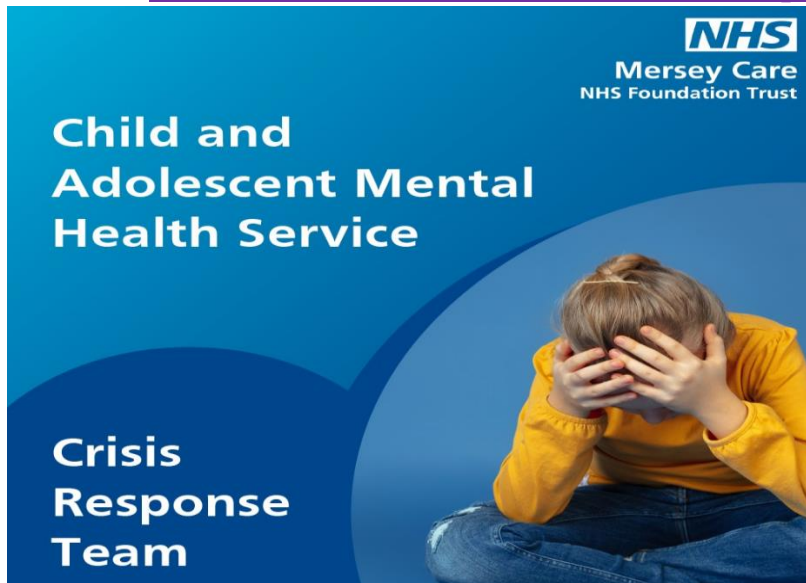
- Delivered on Zoom
- Planned by our Specialist Teacher
- £100 for all 6 sessions!

Course Content

Sensory Needs
Executive Functioning
Reasonable Adjustments
Managing Emotions
Self Care and Wellbeing
Next Steps

The Autism Wellbeing Project are offering 6-week post diagnosis courses for people aged 16+, and are developing a course for parents and carers too. Find out more on [their Facebook page here](#) or [check out their website too](#).

CAMHS 24-hour crisis response team



The Mersey Care 24-hour response team is for young people up to the age of 18 experiencing emotional, behavioural or mental health difficulties which are causing difficulties in their school, family or social life. The service is for children and young people who are registered with a GP in Halton up to their 18th birthday presenting in crisis needing an emergency response.

Within four hours they will do an assessment, a risk assessment, keep young people safe, offer advice to children and families, working with social care, schools, and other professionals. You can contact the team on [01744 415 640](tel:01744415640) – 24 hours a day seven days a week. [Click here to find out more.](#)

Cheshire Autism Practical Support - ChAPS



Cheshire Autism Practical Support (ChAPS) is a registered charity who offer practical advice, support and services across Cheshire for families of young people with Autism Spectrum Condition or Asperger's Syndrome whether diagnosed or not.

They run monthly parents meetings, positive parenting courses helping with behaviour, anxiety etc., activities for children, young people and adults on the spectrum, and lots more.

You can read their regular newsletters which include details and information on all their activities. A copy of the October newsletter is attached to this email.

For more information on ChAPS you can [check out their website here](#), or call [0344 850 8607](tel:03448508607), or drop them an email at info@cheshireautism.org.uk .

You can also request to [join their Facebook page](#) where you'll find support, advice and signposting – please note this a private group and only parents will be given access once you are a ChAPS member; no professionals will be admitted.

ChAPS are also holding respite events and activities for parents and carers who live in Halton. These activities have been funded by Halton Borough Council and are

open to anyone who fulfils a caring support role to an autistic individual - you do not have to be a member of ChAPS to attend these events.



Do you provide care and support for an autistic individual?

Do you live within the Borough of Halton?

If yes, then come and join us at our

Adult Anti-Gravity Yoga sessions!

Join other parent carers and Cheshire Autism Practical Support Staff in a session of Anti-Gravity Yoga. The Antigravity hammock allows you to escape everyday stresses for an hour whilst pursuing health and well being. Our sessions will be guided by the lovely Dawn from Anandair Aerial Yoga .



Sunday 29th October 2023, 3.30-4.30pm

Sunday 26th November 2023, 3.30-4.30pm

Sunday 28th January 2024, 3.30-4.30pm

Sunday 25th February 2024, 3.30-4.30pm

All at Widnes Martial Arts, Waterloo Road, Widnes, WA8 0QR.

These activities have been funded by Halton Borough Council, and are open to anyone who fulfils a caring support role to an autistic individual and lives in the Borough of Halton. You do not have to be a member of ChAPS to attend this carers respite event.



To book on, please use the QR code

For more information:

Please email info@cheshireautism.org.uk or phone 0344 8508607



**Do you provide care and support for an autistic individual?
Do you live within the Borough of Halton?
If yes, then come and join us at our thrilling
Parent Carers Go Ape Treetop Challenge session!**



Join other parent carers and Cheshire Autism Practical Support Staff to take on Delamere's Treetop Challenge, a high ropes course that offers a variety of challenges for all ages and skill levels. The activity will finish with a picnic of sandwiches, crisps and a little something sweet!

**Sunday 22nd October 2023, 9.15am-1pm
All at Go Ape Delamere, Northwich, CW8 2JD**

These activities have been funded by Halton Borough Council, and are open to anyone who fulfils a caring support role to an autistic individual and lives in the Borough of Halton. You do not have to be a member of ChAPS to attend this carers respite event.

To book on, please use the QR code



For more information:

Please email info@cheshireautism.org.uk or phone 0344 8508607

- The next Parent Carers Go-Ape session is on Sunday 22nd October 9.15am-1pm at All Go Ape Delamere - [click here for more information and to book your places](#).
- The next Anti-Gravity Yoga session is on Sunday 29th October 3.30pm-4.30pm at Widnes Martial Arts - [click here for more information and to book your places](#).

Autumn activities at Halton Family Hubs



www.haltonfamilyhubs.co.uk



Our Halton Family Hubs are offering a whole host of activities throughout autumn as well as all their regular classes, activities and sessions, including the sensory rooms.

Check out the timetables for both the [Runcorn](#) and [Widnes](#) centres on the [Halton Borough Council website](#) and check out the [Facebook pages](#) for each of the centres across Halton.

Accessing Short Breaks information on the Halton Local Offer

Halton Local Offer



Don't forget you can access our Short Breaks page on the Local Offer by scanning this QR code here or [click this link](#).



Here you'll find lots of useful information and resources, while [the Leisure page here](#) has details of activities and events across Widnes and Runcorn

And your feedback and suggestions help us to keep improving the Halton Local Offer for families across our borough – [click here to share your feedback!](#)

MAX cards



With half-term on the horizon don't forget that Max Cards are available for our families in Halton.

The card is designed to help families save money on great days out at castles, zoos, bowling alleys and

You can visit the [MAX Card website](#) for further details or check out [the Local Offer](#). Cards cost £2.50 and can be collected from Warrington Road Children's Centre in Widnes, or Glendale Family Centre in Runcorn (available Monday to Friday 9am to 4.30pm – please note, it is cash payments only).

You can email AimingHigh.forDisabledChildren@halton.gov.uk or call 0151 511 6560 for more details.

This newsletter provides general information and resources for parents and carers of young people with SEND, and for professionals who support them. Please note, while we take every care to ensure the information we share is accurate the information provided is not a direct recommendation from the Short Breaks Service and we recommend that you complete your own research about the information and events we signpost.

We recognise that not all the information in this newsletter will be relevant to everyone included on the mailing list. If there is some specific information you would like to see more of, or information from a certain service that you'd like to share please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

Julie.Pennington@halton.gov.uk

Short Breaks Service for Children with Disabilities Halton Borough Council

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Email: AimingHigh.forDisabledChildren@halton.gov.uk